

# **Sports through my life**

**By Kaitlyn Boyce**

# The very beginning

I started playing sports from a very young age.

I started soccer in kindergarten.



I started Karate and ice skating in 2013 .



Then came gymnastics and figure skating in 3rd grade.

Then I started Lacrosse in 2nd grade which (I quit and restarted in 5th grade.)



**I started  
golf in the  
summer of  
4th grade,  
of which I  
still do.**



**I started  
swimming in  
the fall of 4th  
grade.**



**I did  
summer  
swim in the  
summer of  
4th grade.**



I started running with my mom in the summer of 5th grade.

I did lacrosse, of which I still do, in the spring of 5th grade.

I started track in the spring of 6th grade.



Currently...  
I'm  
doing/did  
Field  
Hockey,  
Swimming,  
Lacrosse  
and Golf



**Special thanks to my mom for taking the time out of her work day to send me these pictures**

**In conclusion...**

**All of the sports in my life have shaped me to be who I am because of the hard work and effort I put in constantly. I have lost weekends to swim meets and lacrosse games, but I enjoy doing it which is why I continue it. I've learned that if you enjoy something you're willing to give up everything for it. Through sports I've learned 'hard work beats talent when talent doesn't work hard'.**



